



The Study Circle Participant's manual and small dictionary

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Study circle

The study circle is an occasion to observe subjects presented by Alkuajatus and to reach insights, which help one to clear the inner world.

You can read the study circle page on the home page and see the response given by other participants.

How do you benefit the most of Alkuajatus study circles?

Alkuajatus is not based on believing in knowledge. The offered knowledge shouldn't be approached in such way where the person understands the written and stores it as knowledge he believes in.

That way of relating to knowledge doesn't lead to a result in accordance with the purpose of Alkuajatus.

The knowledge has to be observed with careful concentration until the knowledge is understood.

Don't detach single sentences or parts of the text from the context. Loose sentences or parts of the text lack meaning without the context they belong to.

Observe Alkuajatus in Alkuajatus light. Don't mix in other thoughts while you are trying to understand the written, since other thoughts won't open up the meaning of Alkuajatus writings. Other thoughts are related to other thoughts, not Alkuajatus.

Try to understand Alkuajatus from its viewpoint, since it can't be understood from other viewpoints.

The first stage of understanding is to understand the meaning of the written. That requires the understanding of the words, sentences and writings as a whole in such way that one understands what the written means.

When the written has been understood, the knowledge has to be observed until the observer finds it from within and it dawns for the observer what the knowledge is related to, and he sees that the knowledge is true.

No knowledge is true to the observer before the observer sees what the knowledge points at, in other words what it is related to.

When the observer sees the knowledge inside him on some level clearer than before, he has gained an insight of the knowledge.

The knowledge can be understood on many levels, but understanding is only to see it on the inside. Otherwise the person hasn't reached the knowledge.

When the same matter is focused upon several times, the insight improves and the person's inner world clears up even more, whereby his consciousness of the matter improves.

Concentrate carefully, don't be impatient. Don't look for the new and interesting in new matters, look for the new and interesting in new insights.

Be aware of that the opening of the knowledge and the consciousness requires the opening of much knowledge, and many insights of each matter, before it really begins to open up and the inner clarity grows the inner peace. So don't be hasty. Work with determination and careful concentration to grow your understanding.

Directions for the discussion

When matters are discussed, stay within the topic and avoid all off topics that lead the concentration on the matter off course.

The better the discussants remain within the topic, the better it serves the understanding of the matter in question.

Other matters belong in other contexts.

Try to present your view as clearly as possible.

Try to be short and concise when you present a matter, avoid long speeches that contain unnecessary things or the repeating of the same thing. The study circle has limited time and everyone should have time to speak.

Don't hesitate to tell others what you have experienced or understood about the subject. When you speak of the matter, you strengthen yourself and at the same time you help others to observe the matter as you have understood it.

Remember that the unanimity of the group isn't the truth. The truth is what it is.

The understanding in the group helps to form a mutual reality, but it's not the truth. Unanimity that is based on the growth of the level of truth is a renewed thought of the group, a higher quality of the thought in the group and a higher level of truth of the thought in the group.

The search for the truth is a personal matter. Create yourself a direct relation to the written Alkuajatus and use it as a tool in the search for the truth inside you.

Observation of the subjects in the study circles

The purpose is that each and everyone creates his own direct relation to the text in the subject in the study circles.

For this direct relation to work, the own as well as others freedom to independently find insights in the matter must be respected.

The purpose is that everyone tells about his own insights and at the same time possibly helps others to open their views.

No one must like a teacher begin to explain the content of the subject to others, in other words to explain what the text means or how it should be understood. The purpose of the study circle is to focus on Alkuajatus, not any person's understanding of it.

An attitude where one tries to be right and tries to make others to be wrong isn't expedient.

The study circle is not a debate, but free studying of the subject and everybody's freedom must be respected.

The explaining of the text creates an outer pressure that contains a thought about the correct way to understand the content of the text. It suppresses the participants' freedom to create their own, personal and direct relation to Alkuajatus writings and to preserve the freedom to own independent insights.

“A correct way to understand the text” that is created this way is to plant an outer thought into the participants' minds, and it prevents from the free approaching of the knowledge. Therefore it is to plant a misleading lie into the participants' minds.

The precondition for the reaching of clarity is the person's own, free relation to the matter being observed. Outer influence weakens that relation.

The text mustn't be explained, and its explaining mustn't be accepted, regardless of who is explaining.

A small dictionary for the new participant.

To be able to understand the subjects in the study circles, the participant has to familiarize himself with the meaning of some words that are presented in Alkuajatus.

The learning of new words requires a simple definition of a word and after that the use of the word in practice, before the meaning of the word becomes fully clear.

The purpose of this small dictionary is to give short definitions for the words that are commonly used in Alkuajatus.

Familiarize yourself with this dictionary in peace and quiet. Keep the dictionary at hand during the study circle.

To understand the words and Alkuajatus, you need to read the book "Alkuajatus – The Original Thought – The Little Manual of Life". Read the book carefully and try to understand each matter before you proceed to the next chapter. A good understanding of the book requires that it has been read several times.

Thinking

The person observes matters through thoughts and rotates thoughts in his mind.

Thought

A thought is an idea of something, and it has been created into the mind.

The thoughts create the person, since the person is a whole defined by the thoughts, and it functions in accordance with the thoughts it contains.

The higher level of truth the person is on, the more the person is controlled by Self.

The lower level of truth the person is on, the more the person's actions are controlled by thoughts.

Thoughts control the person's actions in the matters to which they relate.

The untruthfulness of the thoughts in relation to the actions produces non-functionality.

To the extent the person, seen to his actions, holds the untruthful thoughts as true, he is not capable of rational actions in the matter in question, and he doesn't understand it to be so.

Person

The person consists of thoughts that form his perception of reality and that control his life.

The person is the limited viewpoint from which Self observes the existing, which also the person is a part of.

When some thought in the person's mind changes, the person himself changes at the same time, in other words the viewpoint from which the existing is observed.

The person is nothing else but a collection of thoughts that define the valuations of life and the ideas of reality.

The person is the limited viewpoint, through which Self observes reality. This limited viewpoint is at some distance from the absolute truth and it's the person's level of consciousness.

Confusion

Inner confusion is a disorder of thoughts, where conflicting thoughts produce a confused condition.

The reason to the conflicts are the lies, in other words, thoughts that aren't true are the reason to the confusion.

When the lies are reduced, the confusion decreases.

Artificial person

The artificial person is a product of outer thoughts.

Each and everyone creates the artificial person since birth. The artificial person is created by copying the environment. The younger the person is, the more directly he copies thoughts that define life from his environment, without evaluating if they are good or bad.

These thoughts form the artificial person, which is a copy of the ideas offered by the environment.

The own original thought is covered by outer lies, and it can lead to that the person in the end doesn't have any connection to his own original will.

Usually the human believes that he is the person he grew up to, even if it's a question of an artificial person.

Confrontation

Confrontation is to observe some matter until the person sees the truth about the matter.

In this context the truth is the relative truth, which is the level of truth of the person's own original will, or a level of truth that is sufficient for the moment in question.

The sufficient truth isn't a matter of opinion, it's very unconditionally and precisely the sufficient one.

It's good to understand that the sufficient isn't a matter of opinion. People have a tendency to be hasty and think that this is enough, even if it's not.

Enough is the level that frees to a fully clear view.

In confrontation it's of significance to be honest to yourself. Dishonesty towards yourself leads to a weak level of confrontation or the avoiding of it and failure.

World's thought

The world's thought consists of the thoughts with which humanity defines reality.

The world's thought is addressed in Alkuajatus only in relation to each and everyone's life and the matters that define the reality of life, since Alkuajatus doesn't address other matters than matters considering each and everyone's consciousness, matters considering the inner world.

The fundamental idea of the world's thought is the hierarchical power game, and it's the common idea for all mankind. Everyone is brought up to be a part of this power game.

The power game and the accepting of it as the base of reality is a very old thought, and it has been indoctrinated into people's minds in such way that it's considered to be a self-evident fact of life.

If we look around us, we can discover that the power game is present everywhere. To discover this can be difficult at start, since the observer has himself grown up to be a part of the power game, and it can be difficult for him to discover how completely everything is based on power game.

Viewpoint

A viewpoint is the point from which matters are observed.

The person's viewpoint is decided by the thoughts he uses.

When some thought changes, the viewpoint changes, in other words reality looks different seen from the person's viewpoint.

Insight

An insight in Alkuajatus means that while the person is observing the truth, he finds it inside him and sees it clearer than before. It could be compared to that the eyes open up in a new way.

Own will

The own will is the original thought, considering life and its purpose, that each and everyone has defined for himself. It's always good.

Each and everyone creates a thought about his life and its purpose before his birth. That thought is the reason of life and its only purpose.

The own will remains very strongly in the shade of the world's thought, and it's almost completely forgotten.

The person has a feeling of his own will to the extent he has managed to preserve a connection to his real self.

The own will is brought out when the lies that cover it are disassembled.

With the own will the world's thought means the artificial person's will, in other words the way to think about will, which is a product of the upbringing. It's not the original own will.

Only the fulfilling of the own original will gives spiritual satisfaction and purpose in life.

The fulfilling of the own will is each person's only truthful responsibility in life.

Inner clarity

Inner clarity is balance of the person's thoughts.

The balance is born out of that the thoughts are in mutual harmony.

This doesn't mean a high level of consciousness, which is a high level of truth. This means that the thoughts that control the person are on the same level.

The inner clarity is stronger when it's on a higher level of truth.

The person's highest level of inner clarity is his own original will's level of consciousness, which Self can raise later if it wants, but first the existing level must be reached.

Consciousness

Consciousness means that the person knows that something exists or knows how something functions.

In ordinary use the word consciousness usually means that the person is aware of some

matter that concerns the reality defined by the world's thought.

Regarding spiritual knowledge, consciousness means consciousness in relation to the inner world, to be aware of a matter or of how a matter functions in the inner world.

1. Consciousness

Self can be called the consciousness, since Self isn't anything else, and Self isn't very well described for example with the word being, which is something limited. That word can be used in lack of a better one. Everything else is limited creation, and Self is not limited.

2. Consciousness

Consciousness is awareness of selfhood. Then Self knows it exists. The purer Self experiences only itself, the higher level its consciousness is on in that moment.

3. To be conscious on some level

Consciousness of something that is in the inner world is consciousness of the truth on some level. The level of consciousness is level of truth.

Consciousness is to know some matter in a way where the person is aware of it on some level of truth purely and in a functional way.

4. To be conscious of the existence of something

The person is aware of some level of consciousness, but he hasn't yet reached it, it's still more or less unclear.

To become conscious of something begins with a sense of it.

Truth

The truth usually means the relative truth.

The relative truth means a level of truth that is sufficient compared to the intended.

The sufficient truth is the level of truth that, in relation to the need, answers all questions clearly.

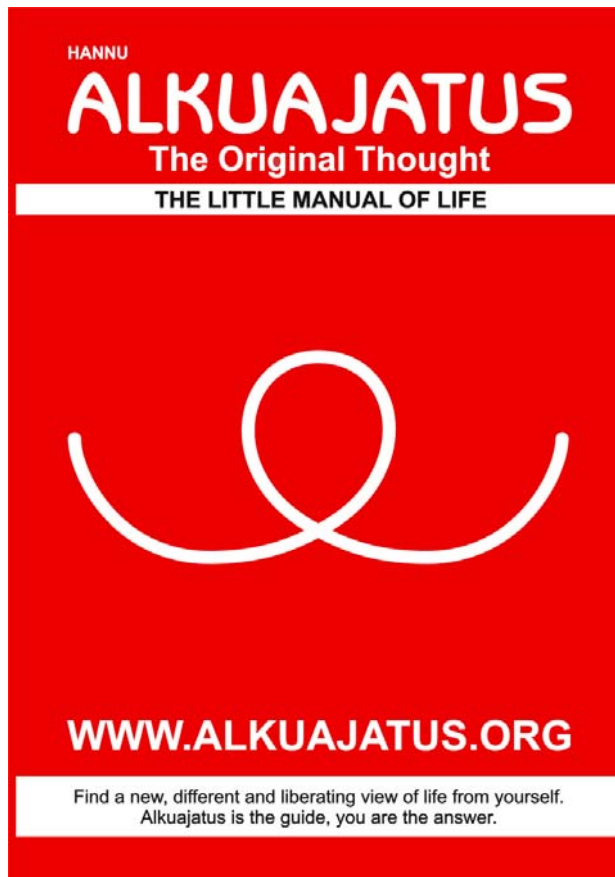
Lie

A lie is any claim that isn't in the absolute truth.

The lies that maintain the existence are lies that oneself has accepted, and which are the prerequisite for the limited existence, in other words the material reality.

In Alkuajatus, the word lie usually means a lie that pulls the person's consciousness downwards and prevents him from seeing the truth sufficiently clearly or at all.

Any claim that isn't sufficiently true for the person's original own will's viewpoint is a lie that misleads him and pulls him downwards.



Alkuajatus
The Original Thought
The Little Manual of Life

Alkuajatus helps you to open your eyes to the truth and reality. It helps you to find the answers to the basic questions of life and gives the word religion a new meaning. Alkuajatus doesn't ask you to believe, it helps you to insight. Alkuajatus is your guide and the truth is your reward.

Paperback, 15,5 x 22 cm, 280 s.
SEK 280,00
ISBN 9789522865304

WARNING: This book can change your life permanently.

NOTICE: The responsibility for the reading and the understanding of the read is at the reader.

The book presents the basic matters of Alkuajatus and helps the person to clear his inner world to himself.

For the inner world to become clear, the person has to first-handedly see how the inner world functions and what it is.

Alkuajatus doesn't ask one to believe in anything, on the contrary, Alkuajatus denies belief, since belief contains the seed of lie.

Alkuajatus is unique, it's not repeating of old religions or spiritual knowledge, which are offered more than enough. Neither is it psychology, which Alkuajatus considers to be just another tool of power among the other religions.

Alkuajatus is the map home, it's not the truth, it's the tool to find the truth.

What is Alkuajatus?

Alkuajatus has to within the boundaries of the existing definitions be defined as a religion or a religious philosophy.

Alkuajatus is probably the only religion that denies belief by saying that belief contains the seed of lie. The requirement of believing in knowledge is a tool for the using of power. People have throughout history been subjected with the help of different thoughts that have claimed themselves to be spiritual and that are associated with the requirement of believing.

Fantasy stories have to be believed in, since there doesn't exist factual grounds for them, and they can't withstand the truth, but break. The truth doesn't have to be believed in, it is and remains as it is under any circumstances, no matter what opinion we have of it. It can be observed and questioned a thousand times without it breaking, rather it gets clearer.

Alkuajatus is also exceptional when it says that Alkuajatus isn't the truth, but a tool to observe and to find the truth. The truth can't be put into words, images or thoughts. It can be described and everyone has to get the insight of it himself. Without a genuine insight the person doesn't have the truth, but only a collection of maybe even beautiful words.

In most, in particular, European languages the word religion is in use (with small variations). The word has its origin in the Latin word "religare", re = re, ligare = unite. That word describes very well what religion should be, which is the reuniting with Self, reuniting with the origin. In practice the original meaning of the word has been forgotten in the mentioned countries, and therefore the word belief is closest at hand when considering how people understand the word religion. Most likely so since the thoughts that are based on belief conquered the world a very long time ago.